

MICRONEEDLING / RF MN

PLEASE NOTE

Unexpected complications may occur when products not proven safe for use with microneedling are applied post-procedure. Change out your towel and pillow case to ensure treatment area is kept clean.

Do not wash the treatment area for at least 18 hours.

Strictly avoid sun exposure for the first 24 hours as you will not be wearing sunscreen. Continue to minimize sun exposure for 72 hours following the procedure. Always apply SPF 50+ to the treated area if you will be outside. Wear protective clothing, hats, sunglasses.

Avoid exercise or perspiration as the excess blood flow and sweat can cause discomfort and irritation to the compromised skin for 72 hours.

Avoid makeup for 48 hours. Avoid exfoliants and retinoids for at least 3 days

CARE

First 24 hours - Apply Epicutis Lipid Serum with clean hands as needed for comfort.

Day 2-7 - wash the treatment area with cold water using a gentle cleanser. Do not use excessive pressure. Apply lipid serum, gentle moisturizer and mineral sunblock SPF 50+.

Day 7+ - You can resume your normal skincare routine.

COMMON SIDE EFFECTS

Redness, swelling, discomfort, minimal pinpoint bleeding- The treated area may be pink and mildly inflamed (similar to the appearance of a mild sunburn) for 24-48 hours following your procedure.

Itching - You may take Benadryl (will make you drowsy), Allegra or Claritin (over the counter histamines) as needed.

CONTACT US

If you are experiencing anything that's not covered here, reach out via email, call or text.

BOOK YOUR NEXT APPOINTMENT

We recommend booking your next session 4-6 weeks apart.